



# The 1 day bike ride from Nightingale to Hove on 2nd May 2010

Come and join us on a fantastic day of cycling, with only 55 miles to cover, but plenty of fun, team spirit and an opportunity to raise money for Nightingale.

Registration fee £25

Minimum sponsorship £125

Event Organised by Cyclewild

18 years minimum age

Return train to London



in aid of

nightingale

in comfort and care